

FOOD RATION PACK

- Beef stew 250g
- Beef Stew with Rice 500g
- Chicken Stew 250g
- Chicken Stew with Rice 500g

FOOD PACKAGING

205mm X 175mm



PRODUCT BACKGROUND

The product is a cost affordable, pre-cooked, meal-in-one with an extended shelf life packaged in a retort able pouch. Steam or super-heated water is used to cook the food in its own pouch/package, extending shelf life and ensuring food safety.

Apart from household usage, this product is well suited to be used as a ration pack used by feeding schemes, the military, the mining sector ext.

It has been through extensive microbiological tests and proved to be stable at ambient temperature for a period of at least twelve(12) months, therefore rendering refrigeration unnecessary for transport and/or storage.

The packages can either be printed and branded according to customer needs subject to certain minimum order quantities, or blank packages with only a product identification stick-on label.

Development of different new products are currently underway.

BEEF STEW 250g

Beef Gravy [Water, Onion, Modified maize starch, Beef stock (Salt, maize flour, MSG (flavour enhancer (E621, E627)), partially hydrogenated vegetable fat (contains anti-oxidant TBHQ), hydrolysed vegetable protein (Soya, Egg), colourant, yeast extract, anti caking agent, acidifiers, spices (radurised spices and dried herbs), flavourings and flavourant), Salt, HVP, Stabiliser, Vegetable Oil (canola seed)], Mechanically deboned meat (chicken (21%)), Beef (8%), Potato starch, Salt, Dextrose, Flavourings [Vegetable salt (garlic, onion, celery), Spices & Herbs, HVP, Vegetable (Celery), Emulsifiers (E450, E451, E452), Preservative (E300)], Vegetables (12%)

Allergens: Soya, Egg, Celery

Theoretical Nutritional Information (Veg nutri added)

Beef Stew 250g	per 100g	per 250g
Energy (kJ)	287.8	719.5
Total Protein (g)	6.4	16.3
Total Fat (g)	3.2	8
Saturated Fat (g)	0.9	2.3
Mono-unsaturated Fat (g)	1.2	3
Polyunsaturated Fat (g)	0.7	1.8
Total Trans Fat (g)	0.02	0.05
Carbohydrates (g)	6.4	16
Total Sugars (g)	0.3	0.8
Total Dietary Fibre (g)	0.3	0.8
Sodium (mg)	974.6	2436.5
Cholesterol (mg)	19.5	48.8

BEEF STEW WITH RICE 500g

Beef Gravy [Water, Onion, Modified maize starch, Beef stock (Salt, maize flour, MSG (flavour enhancer (E621, E627)), partially hydrogenated vegetable fat (contains anti-oxidant TBHQ), hydrolysed vegetable protein (Soya, Egg), colourant, yeast extract, anti caking agent, acidifiers, spices (radurised spices and dried herbs), flavourings and flavourant), Salt, HVP, Stabiliser, Vegetable Oil (canola seed)], Mechanically deboned meat (chicken (11%)), Beef (4%), Potato starch, Salt, Dextrose, Flavourings [Vegetable salt (garlic, onion, celery), Spices & Herbs, HVP, Vegetable (Celery), Emulsifiers (E450, E451, E452), Preservative (E300)], White Rice (10%), Vegetables (6%)

Allergens: Soya, Egg, Celery

Theoretical Nutritional Information (Veg nutri added)

Beef Stew with Rice 500g	per 100g	per 500g
Energy (kJ)	163.2	816
Total Protein (g)	3.2	16
Total Fat (g)	1.6	8
Saturated Fat (g)	0.5	2.5
Mono-unsaturated Fat (g)	0.6	3
Polyunsaturated Fat (g)	0.3	1.5
Total Trans Fat (g)	0.01	0.05
Carbohydrates (g)	4.1	20.5
Total Sugars (g)	0.2	1
Total Dietary Fibre (g)	0.2	1
Sodium (mg)	615	3075
Cholesterol (mg)	9.8	49

CHICKEN STEW 250g

Chicken Gravy [Water, Onion, Modified maize starch, Chicken stock (Salt, maize flour, partially hydrogenated vegetable fat (palm fruit & TBHQ anti oxidant)), flavour, yeast extract, hydrolysed vegetable protein(Soya, Egg), flavourants (acidifier,MSG,starch,yeast extract, hydrolysed vegetable (Soya, Egg)), flavourant (salt,starch,acidifier, flavour, MSG ,yeast extract), anticaking agent, radurised spices and dried herbs, flavour enhancer, antioxidant), Salt, Vegetable Oil (canola seed), HVP, Stabiliser], Mechanically deboned meat (Chicken (21%)), Chicken (8%), Potato starch, Salt, Dextrose, Colourant (E171), Flavourings [Vegetable salt (garlic, onion, celery), Spices & Herbs, HVP, Vegetable (Celery), Emulsifiers (E450, E451, E452), Preservative (E300)], Vegetables (12%)

Allergens: Soya, Egg, Celery

Theoretical Nutritional Information (Veg nutri added)

Chicken Stew 250g	per 100g	per 250g
Energy (kJ)	255.2	638
Total Protein (g)	6.7	16.8
Total Fat (g)	2.3	5.8
Saturated Fat (g)	0.6	1.5
Mono-unsaturated Fat (g)	0.9	2.3
Polyunsaturated Fat (g)	0.6	1.5
Total Trans Fat (g)	0	0
Carbohydrates (g)	6.2	15.5
Total Sugars (g)	0.3	0.8
Total Dietary Fibre (g)	0.6	1.5
Sodium (mg)	862	2155
Cholesterol (mg)	17	42.5

CHICKEN STEW WITH RICE 500g

Chicken Gravy [Water, Onion, Modified maize starch, Chicken stock (Salt, maize flour, partially hydrogenated vegetable fat (palm fruit & TBHQ anti oxidant), flavour, yeast extract, hydrolysed vegetable protein (Soya ,Egg), flavourants (acidifier,MSG,starch,yeast extract, hydrolysed vegetable (Soya, Egg), flavourant (salt, starch, acidifier, flavour, MSG, yeast extract), anticaking agent, radurised spices and dried herbs, flavour enhancer, antioxidant), Salt, Vegetable Oil (canola seed), HVP, Stabiliser], Mechanically deboned meat (Chicken (4%)), Chicken (11%), Potato starch, Salt, Dextrose, Colourant (E171), Flavourings [Vegetable salt (garlic, onion, celery), Spices & Herbs, HVP, Vegetable (Celery), Emulsifiers (E450, E451, E452), Preservative (E300)], White rice (10%), Vegetables (6%)

Allergens: Soya, Egg, Celery

Theoretical Nutritional Information (Veg nutri added)

Chicken Stew with Rice 500g	per 100g	per 500g
Energy (kJ)	146.3	731.5
Total Protein (g)	3.4	17
Total Fat (g)	1.1	5.5
Saturated Fat (g)	0.3	1.5
Mono-unsaturated Fat (g)	0.5	2.5
Polyunsaturated Fat (g)	0.4	2
Total Trans Fat (g)	0	0
Carbohydrates (g)	4	20
Total Sugars (g)	0.2	1
Total Dietary Fibre (g)	0.4	2
Sodium (mg)	543	2715
Cholesterol (mg)	8.5	42.5

HEATING INSTRUCTIONS

The product only requires heating for not more than 5 minutes, either before or after opening of the package, in order to bring it to serving temperature.

Open product at the top

The product is already cooked so only heating is required

Heating can be done in different ways for example:

- Pour contents in pot/container and heat over fire or stove or in microwave oven until desired temperature is reached
- Put pouch with contents in water and bring water to boiling temperature-heat until desired temperature is reached
- Put pouch in flameless heater and heat until desired temperature is reached

The pouch can withstand all temperatures needed to heat food for normal human consumption.